

Catherine Howell, Patient Billing Liaison  
 Jessica Booth, MS, LMFT, Regional Clinical Director  
 Carrie Jackson, CBT Centers Practice Manager

Tax ID: 20-3056794 // NPI: 1437332525

Date of this notice: \_\_\_\_\_

## CBT Counseling Centers & Cognitive Psychiatry Psychotherapy (Masters) Good Faith Estimate for Health Care Items and Services

Under the No Surprises Act, health care providers and health care facilities are required to provide a good faith estimate of expected charges for items and services to individuals who are not enrolled in a plan or coverage or a Federal health care program, or not seeking to file a claim with their plan or coverage **both orally and in writing**, upon request **or** at the time of scheduling health care items and services.

Your diagnosis will not be determined until your first session. However, I typically will bill the following:

Initial intake/evaluation appointment:	60 or 90-minute session (code 90791) - <b>\$185</b>
Follow up appointments (includes: individual, couples, and family therapy):	30-minute (Half) appointment (code 90832)- <b>\$75</b>
	53-minute (Full) appointment (code 90837)- <b>\$140</b>
Telephone sessions outside of scheduled appointment:	<b>\$50</b> per 15 minutes (rounded up)
Letter writing or Disability Paperwork:	<b>\$100</b> per letter/form
No Show/Late Cancel Fee:	<b>\$75</b>
Charge for other services (consultations, etc.)	<b>\$260</b> per hour
Legal Testimony and court related fees	<b>\$400</b> per hour

This estimate is valid for 12 months from the date of this notice.

### Disclaimer

This Good Faith Estimate shows the costs of items and services that are reasonably expected for your health care needs for an item or service. The estimate is based on information known at the time the estimate was created.

The Good Faith Estimate does not include any unknown or unexpected costs that may arise during treatment. You could be charged more if complications or special circumstances occur. If this happens, federal law allows you to dispute (appeal) the bill.

### **If you are billed for more than this Good Faith Estimate, you have the right to dispute the bill.**

You may contact the health care provider or facility listed to let them know the billed charges are higher than the Good Faith Estimate. You can ask them to update the bill to match the Good Faith Estimate, ask to negotiate the bill, or ask if there is financial assistance available.

You may also start a dispute resolution process with the U.S. Department of Health and Human Services (HHS). If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days (about 4 months) of the date on the original bill.

There is a \$25 fee to use the dispute process. If the agency reviewing your dispute agrees with you, you will have to pay the price on this Good Faith Estimate. If the agency disagrees with you and agrees with the health care provider or facility, you will have to pay the higher amount.

To learn more and get a form to start the process, go to [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call 800-985-3059.

**For questions or more information** about your right to a Good Faith Estimate or the dispute process, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call 800-985-3059.

Keep a copy of this Good Faith Estimate in a safe place or take pictures of it. You may need it if you are billed a higher amount.

---

Patient or legal guardian name

---

Patient or legal guardian signature

---

Date